

Captioned or Signed Videos
on
Alcohol, Tobacco and Other Drugs

**Available for loan free of charge to any organization or group
in the State of Maine**

APRIL 2011

Department of Health and Human Services
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The Information and Resource Center loans videos, free of charge, to organizations throughout the State of Maine. Schools, hospitals, treatment facilities, law enforcement agencies, churches, businesses, civic groups, and other organizations can make use of these videos in their prevention, education, and treatment programs. The Information and Resource Center is a publicly supported institution. Therefore, its materials may not be used where admission fees are being charged. Information and Resource Center videos are covered by U.S. copyright laws and may not be duplicated.

BORROWING PROCEDURES AND OPERATING GUIDELINES

Cost

The only cost to the borrowing patron/organization is return postage; replacement cost if the video is lost in the return mail; and any costs incurred as a result of extensive damage to materials. (See Returning Materials and Damaged or Lost Materials below.) The replacement cost of the item is typed on the back of the case. Insuring the video when mailing back is the prerogative of the patron.

Copyright Agreement

U.S. copyright laws apply to Information and Resource Center videos. **By requesting the loan of materials, each patron agrees to abide by federal law and will not duplicate all or part of Information and Resource Center videos.** When using videos over the University ITV system, individual authorization must be made in advance with the video producer. Please allow enough time to make these arrangements.

Scheduling

Requests may be made in writing or by telephone. Requests should be made as soon as possible to assure availability of specific titles. Written requests need to include title and show date(s), plus alternate titles and show dates. Please schedule at least five business days prior to first show date to allow time to receive the materials through the mail.

Show Dates

Videos are scheduled for specific show dates. Due to the demand for materials and the mailing time involved, a video is scheduled for no more than 3 consecutive days. However, exceptions to this policy can be made when necessary.

Changing or Extending Show Dates

If it becomes necessary to change or extend a show date, call the Information and Resource Center (IRC) immediately. If it is at all possible, based on bookings for the title involved, arrangements will be made to change or extend the show date.

Confirming Show Dates

A confirmation of booking form will be sent to confirm each request. The form indicates the program title, show date, date it will be mailed from or picked up at the IRC, and date it is due back in the IRC. The form will arrive within five days; please read it over carefully. A copy of the confirmation form is used as a mail card for each video. When the program arrives, please read the card, and again familiarize yourself with the scheduled show date(s) and the due date.

Receiving Materials

Each video is mailed library rate from the IRC four mail days prior to the first scheduled show date. It should arrive the day before the show date.

Returning Materials

The due date for materials sent through the mail is four mail days after the last scheduled show date. The due date is indicated on both the confirmation of booking form and the mail card. **To return, turn over the mail card and fill out the return address;** the card is already addressed to the IRC. In order to insure that the video is received in the IRC by the due date, **it needs to be mailed the day after the last scheduled show date.** It can be mailed library rate through the U.S. Postal Service or by United Parcel Service. For those who wish to purchase insurance, the value is indicated on the back of the case.

Overdue Policy

Resource Center videos are very heavily used, and a late return often causes the cancellation of another patrons' scheduled program. Therefore, it has become necessary for the IRC to temporarily suspend services to patrons who have more than four overdue films or videos in a four-month period. **All video loans to these patrons will be suspended for the next two months. An item is overdue if it does not arrive back in the IRC on or before the due date.** Videos are checked in daily, and overdue records are maintained by patron name.

Damaged or Lost Materials

The replacement cost for a lost or damaged video, due to negligence, will be charged to the patron.

Video Showing

If there is a problem showing a videocassette: check the connections between the VCR and TV, make sure the cassette has been rewound, and check the tracking. If problems persist, note on the rating form when returning the videocassette. Please rewind the cassette after each use.

Video Care

Videos should be kept under cool and dry conditions when not in use. Please let the video reach normal room temperature before attempting to play. Removing it from the mailing cases will speed up this process. **Videos will be ruined if stored in an unventilated car during the summertime.**

VCR's

Videocassette recorders need to be in top condition. They should be cleaned/inspected once a year to minimize possible damage to videos.

Broken Videos

If a video breaks or malfunctions during use, note on the rating form when returning. You will not be billed for damaged/broken videos unless: 1) They are not returned to us or 2) There is obvious negligence in handling of the tape.

In accordance with federal and state laws, the Maine Office of Substance Abuse, DHHS, does not discriminate on the basis of disability, race, color, creed, gender, sexual orientation, age or national origin in admission to, access to, or operations of its programs, services, or activities, or its hiring or employment practices. This publication may be made available in alternate format upon request.

The following videos are: Closed Captioned, Open Captioned or Signed with ASL. Each item specifies the format below the title.

ADDICTION (HBO) (DVD)

Grade Level: Adult Closed Captioned

Details: 90min, 2007, HBO Home Box Office

Synopsis: Several of the nation's leading experts on drug and alcohol addiction, and a group of accomplished documentary filmmakers, shed some light on the most current, most promising developments in the field of addiction. This fourteen-part series is aimed at educating America about addiction as a brain disease and its treatment as such. Accompanying pamphlet describes each program in detail. Audio can be set to Spanish language.

ADOLESCENT DRUG ABUSE (DVD)

Grade Level: Prof Closed Captioned

Details: 70min, 2009, Hazelden

Synopsis: Dr. Howard Liddle, Director of the Center for Treatment Research on Adolescent Drug Abuse at the University of Miami's Miller School of Medicine, reviews evidence-based programs and focuses on the core ideas and clinical methods of family-based interventions, especially Multidimensional Family Therapy (MDFT). His presentation, along with an MDFT case study featured on the DVD, will help viewers understand more about co-occurring disorders, how to work effectively with teens' families, and how structured changes in teens' brains after puberty affect their drug abuse, treatment, and recovery. Includes booklet, Adolescent Drug Abuse, A Family-Based Multidimensional Approach: Clinician's Manual.

ADOLESCENTS AND CO-OCCURRING DISORDERS (DVD+VHS)

Grade Level: Sr (9-12), Adult Closed Captioned

Details: 24 min., 2003, Hazelden

Synopsis: Teens in recovery from co-occurring disorders share their experiences: the bad drug interactions, the cravings for self-medication, the dangers of relapse. With ongoing therapy and the support of family, friends, and Twelve Step groups, adolescents can regain control of their co-occurring disorders and their lives. Hope for recovery is reinforced. NOTE: This video needs to be used as part of a treatment program. It should not be used as a general informational video. Sensitive content. Preview prior to use.

ADULTS AND CO-OCCURRING DISORDERS (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 28 min., 2003, Hazelden

Synopsis: Men and women speak frankly about how addiction and mental disorders fuel each other, the benefits of therapy, the importance of psychiatric medication taken regularly, and the challenges and rewards of seeking support through a Twelve Step group. Hope for recovery is reinforced by psychiatrist Kenneth Minkoff.

ADOLESCENTS AND MARIJUNANA (DVD)

Grade Level: Sr. (9-12), Adult Closed Captioned

Details: 14 min, 2000, Hazelden

Synopsis: Teens who experienced the highs and lows of marijuana abuse share their tales of addiction and loss and subsequent recovery. Told strictly through the voices of the teens profiled, the video cuts to the core of marijuana attraction and the ultimate cost to the user on a physical, emotional, and spiritual level.

ALCOHOL AND OTHER DRUGS AND AT-RISK BEHAVIOR CONCERNING AIDS & TEENAGE PREGNANCY (VHS)

Grade Level: Elem, Jr. (4-8) Closed Captioned

Details: 23 min., 1993, CSAP

Synopsis: This video explores a subject that can be difficult and embarrassing for middle-school students to talk about: the relationship between drugs, AIDS, and sexual behavior. But today that conversation is essential and can save lives. Ms. Kendall, the school nurse, conducts a frank discussion about AIDS and dispels misconceptions the students have about how the virus is transmitted. Students will hear from real mothers how having a baby changes a young person's life. The episode also includes a poignant video David makes about his brother's death from AIDS.

ALCOHOL: A WOMEN'S HEALTH ISSUE (VHS)

Grade Level: Adult Closed Captioned

Details: 12 min, 2002, NIAAA

Synopsis: The film profiles women recovering from alcohol problems and describes the health consequences of heavy drinking in women.

ALCOHOL: THE SUBSTANCE, THE ADDICTION, THE SOLUTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 44 min., 1998, Hazelden

Synopsis: Recovering alcoholics, a treatment psychologist, and a physician speak candidly about the causes and effects of alcoholism and the challenges of recovery. First we learn about the symptoms of alcoholism, such as loss of control and denial, as well as the effects of alcohol on the brain and body. Recovering addicts speak of the personal triumphs they've experienced through recovery.

AN AMERICAN SIGN LANGUAGE INTERPRETATION OF THE TWELVE STEP PROGRAM (VHS)

Grade Level: Adult Signed / Open Captioned

Details: 55min., 1993, Minn. Chem Dep Program

Synopsis: This video has twelve segments--each segment is signed and deals with one of the twelve steps of A.A. The manual, Clinical Approaches: A Model for Treating Chemically Dependent Deaf and Hard of Hearing Individuals can be borrowed separately.

ASAM PLACEMENT CRITERIA (DVD)

Grade Level: Prof Closed Captioned

Details: 74min, 2007, Hazelden

Synopsis: Presents a clear and concise overview of the new ASAM criteria. It covers how to use those criteria to support sound clinical perspectives, validate key thoughts, and explore new ways of viewing your work without negating your current services.

BILL W. AND DR. BOB (DVD)

Grade Level: Adult Closed Captioned

Details: 120min, 2007, Northern Light Productions

Synopsis: In 1929, New York stockbroker and alcoholic Bill Wilson plunges hard with the market and becomes a desperate drunk. Through serendipitous events, Wilson meets Ohio surgeon Dr. Bob Smith, an alcoholic for thirty years who frequently entered the operating room with crushing hangovers. Their path to sobriety launched Alcoholics Anonymous. This Off-Broadway production was filmed live in front of the audience at New World Stages in New York City. A "talk-back" with the authors, cast and director follows the play.

BRAIN SCANS: ALCOHOL AND THE TEENAGE BRAIN (DVD+VHS)

Gr. Level: Jr., Sr. (7-12), College Closed Captioned

Details: 22 min., 2001, Human Relations Media

Synopsis: This video takes teens on a tour of several labs across the country including one at the U.C. San

Diego where doctors are researching the effects of alcohol abuse in teenage brains. The show's young host has a scan performed on her own brain, and then has the chance to see how it compares with the brains of other teens who drink alcohol regularly. The studies highlighted connect long-term brain damage to underage drinking. Students will see first-hand how alcohol affects teens as young as fourteen and fifteen years old and learn why alcohol seems to harm younger brains more profoundly than older ones both in short and long term, impairing memory, coordination and motivation and causing addiction.

BRAINSTORM: THE TRUTH ABOUT YOUR BRAIN ON DRUGS (VHS)

Grade Level: 5-8 Closed Captioned

Details: 60 min., 1994, Children's Television Wkshp

Synopsis: This video uses scientific inquiry and current technology to help young people learn how drugs affect the human brain and body. It is divided into four parts, to allow for discussion.

BRIEF INTERVENTION (DVD)

Grade Level: Prof Closed Captioned

Details: 87 min., 2004, Hazelden

Synopsis: In this video workshop, filmed in front of a live audience of treatment professionals, Winters outlines the principles and applications of brief intervention.

BROTHER EARL PRESENTS A DESIGN FOR LIVING (VHS)

Grade Level: Adult Closed Captioned

Details: 37 min., 1994, Hazelden

Synopsis: Offers corrections professionals and inmates an in-depth description of the Twelve Step programs.

CD...A DISEASE OF DENIAL AND CD AND VOCATIONAL REHABILITATION (VHS)

Grade Level: Adult Signed/ Closed Captioned

Details: 90 min., 1993, Minnesota Chemical Dependency Program,

Synopsis: This two part video is presented by Cynthia Weitzel, Consultant with the Minn. CD Program. This is a professional development forum. Ms. Weitzel helps professionals understand the process of a Deaf Person or Hard of Hearing person trying to access help for their chemical dependency and the different processes. This includes: Interview, assessment, evaluation, treatment and aftercare. The first part of the video is Chemical Dependency and Vocational Rehabilitation. The second part of the video talks about chemical dependency and special issues for deaf clients.

CHEMICAL DEPENDENCY - WHAT IS IT? (VHS)

Grade Level: Adult Open Captioned
Details: 105 min., 1994, Minn. Chem. Dep. Program
Synopsis: This Chemical Dependency and Deafness Workshop presentation focuses on training professionals who work with deaf and hard of hearing clients who may be chemically dependent. The lecture introduces professionals to the disease's concept, provides definitions, and gives examples.

CHOICES: STRATEGIES FOR EVERYDAY LIVING (VHS)

Grade Level: Adult Open Captioned
Details: 49 min., 1994, Minn. Chem. Dep. Program
Synopsis: From the Chemical Dependency and Deafness Workshop, Linda Oberg presents aspects of the Choices curriculum. Choices teaches Deaf and Hard of Hearing individuals how to make appropriate life and recovery choices.

COCAINE AND CRACK: BACK FROM THE ABYSS (DVD+VHS)

Grade Level: Adult Closed Captioned
Details: 46 min., 1998, Hazelden
Synopsis: This video delivers the basic facts about cocaine and crack through personal stories of addiction and recovery. Part One, The Chase, provides a look at the history and social/cultural aspects of cocaine use. It explains methods of use and the impact cocaine has on the body and mind of the addict. Part Two, Fighting Back, delivers an insider's look at how several recovering cocaine addicts got hooked, the experiences that led them to try to stop using, and how they found the way to recovery.

COOL, CALM & COLLECTED (VHS)

Grade Level: Prim, Elem, Jr (K-6) Closed Captioned
Details: 18 min., 1995, Kinetic Films, Inc.
Synopsis: Students will observe and learn the keys for responding to angry people, and resolving their own anger. Students will discover that it is possible to stay under control and stop anger from becoming dangerous by working out angry feelings.

COUNSELING DEAF PEOPLE: A SKILLS TRAINING SERIES (VHS)

Grade Level: Adult Closed Captioned
Details: 3@60 min., 1993, Sign Enhancers, Inc.
Synopsis: In this series, developed by UCSF Center on Deafness, vignettes are presented by a Deaf, multi-cultural cast and then analyzed to assist the viewer in learning counseling skills applied to working with Deaf individuals.

- 1) **Rehabilitation Setting**
- 2) **Community College Setting**
- 3) **Mental Health Setting**

CROSS ADDICTION: THE BACK DOOR TO RELAPSE (DVD + VHS)

Grade Level: Adult Closed Captioned
Details: 40 min, 1999, Hazelden
Synopsis: Cross addiction is the single greatest relapse factor. Those who seek treatment generally have an honest desire to remain abstinent from alcohol or another drug of choice. Yet most can also name a drug they've tried that they considered "safe" for themselves, one they believe they can control. Firsthand testimony from recovering alcoholics and addicts, chemical dependency professionals, and a medical doctor dispel the myth that there is any such thing as a "safe" substance for people in recovery.

DATING VIOLENCE (VHS)

Grade Level: 9-12, Adult Closed Captioned
Details: 13 min., 1996, CorVision
Synopsis: Nearly 10 percent of America's teenage girls will be victims of dating violence by the time they graduate from high school ; bullied and beaten by abusive boyfriends in a pattern that frighteningly mirrors the pattern of battered wives syndrome. For many young girls, having a boyfriend becomes the most important thing in their lives. On the other side, abuse-prone boys use control to deal with their anger and insecurity in relationships. The relationships don't start out violent, they start out with the kind of jealousy or possessiveness a girl might interpret a love. In this program, ABC News Day One correspondent Michel McQueen takes viewers into a high school in Austin, Texas where teenage girls and boys are finding the courage to say "enough is enough" in a special program sponsored by the Battered Women's Center in Austin.

DEALING WITH ANGER: (PEACEMAKER SERIES) (VHS)

Grade Level: Prim, Elem, Jr (K-6) Closed Captioned
Details: 15 min., 1995, Kinetic
Synopsis: Students learn to define and identify the sources of their own anger, where it comes from, what situations are most likely to arouse it, and the difference between justifiable and unjustifiable anger.

DEPRESSION OUT OF THE SHADOWS (DVD)

Grade Level: College, Adult Closed Captioned
Details: 90min, 2008, Public Broadcasting Services
Synopsis: These are the stories of people of different ages, from diverse backgrounds, who live with various forms of depression. Leading mental health experts highlight the latest scientific research and innovative treatments, offering greater understanding and hope for the millions of people living with this complex, but treatable, disease.

DREAMS OF DENIAL (VHS)

Grade Level: 7-12, Adult Signed / Open Captioned
Details: 23 min., 1993, MN Chem. Dept Program
Synopsis: The video tells the story of a chemically dependent young man, Mike, who in a dream meets a guardian angel called Ralph. Through the use of flashbacks of Mike's life, Ralph shows the ways that Mike has denied using alcohol and other drugs. Ralph also points out that family, friends and treatment staff have given him support that he has rejected. Ralph met his death in an alcohol related train accident and gives Mike a strong warning, "Don't end up like me!" As the video ends we see Mike waking up from his dream. He does not heed Ralph's warning and begins his day with another drink. This package includes a 23 minute videotape and a leaders' guide.

DONE DRINKING: GETTING STRAIGHT, STAYING SOBER (DVD)

Grade Level: SR, Adult Closed Captioned
Details: 13min, 2003, Hazelton
Synopsis: This treatment based video features teen alcoholics in recovery who reveal why they started drinking, how alcohol took over their lives, how they got sober and who they've become in recovery. The facilitator's guide includes reproducible client worksheets.

DON'T DRAIN YOUR BRAIN: HOW ALCOHOL DAMAGES THE BRAIN (DVD+VHS)

Grade Level: Elem, Jr. (3-6) Closed Captioned
Details: 15 min., 2003, Human Relations Media
Synopsis: Animation and images of the human brain are used to deliver the latest scientific findings about young people and alcohol. Viewers will learn that early alcohol use causes serious damage to the brain and significantly reduces many important brain functions. Young teen presenters review brain structures and explain how vital they are to normal, healthy functioning - including thinking, moving, speaking, hearing and smelling. Viewers get a chance

to see what actually happens inside the brain when alcohol is consumed, and witness how normal *brain* functioning is short-circuited by alcohol.

DYING HIGH: TEENS IN THE E.R. (VHS)

Grade Level: Sr. (9-12), Adult Closed Captioned
Details: 26 min., 2002, Human Relations Media
Synopsis: This reality based video shows what goes on inside the nation's emergency rooms as doctors treat teens for some of the most common types of injuries among young people: drug overdoses, alcohol poisoning, car wreck traumas and more. Through a series of episodes, viewers see common life-and-death ER moments which remind teens that risk-taking behaviors can often lead to serious injury and death. NOTE: This film contains graphic images.

EARLY RECOVERY ISSUES FOR OLDER ADULTS: CLINICIANS GUIDE (VHS)

Grade Level: Adult Closed Captioned
Details: 21 min., 1996, Hazelden
Synopsis: This video addresses chemical dependency in older adults. It gives statistics and addresses special issues; Denial, symptoms, Consequences of combining alcohol and medications, and special treatment needs are addressed.

FACES OF ADDICTION (VHS)

Grade Level: Adult Closed Captioned
Details: 34 min., 1997, RWJ Foundation
Synopsis: This video is a completion of parts of three productions entitled: Flashback, 27th and Prospect, and Addicted. It shows many facets of issues for people addicted and those that care about them.
NOTE: Only copy 1 of this is closed captioned.

FIERCE GOODBYE: LIVING IN THE SHADOW OF SUICIDE (DVD+VHS)

Grade Level: Adult Closed Captioned
Details: 44 min., 2004, Mennonite Mission Network
Synopsis: In this documentary five families share their pain in dealing with the numbing aftereffects of suicide. Additional families, individuals, mental health experts, Bible scholars and theologians add their experiences and insights in dealing with the issue of suicide. Hosted by Judy Collins, the program also features Dr. Kay Redfield Jamison, professor of psychiatry at Johns Hopkins University. *The DVD contains an additional 2 1/2 hours of material including: Family stories in more depth., Role of mental illness and depression in suicide, Suicide and beliefs about God, After death experiences, Healing and hope in personal experiences and reaching out to others, Interview with host Judy Collins and "Why?" poem by Gwendolyn Carr.

FRONTLINE: DRUG WARS (PT. 1- VHS)

Grade Level: Sr. (9-12), Adult Closed Captioned

Details: 120 min., 1999, PBS Broadcasting

Synopsis: Produced in collaboration with National Public Radio, this two-part series examines America's 30-year effort to stop the flow of illegal drugs into this country. The drug wars have absorbed hundreds of billions of dollars, altering the criminal justice system and putting millions of people in jail. Despite the United States' expenditures, the use of heroin, cocaine, marijuana and other illicit drugs remains essentially unchanged. Have the efforts been in vain? In exclusive interviews with both "drug warriors" and drug traffickers, Frontline presents a television history of America's war on drugs from both sides of the battlefield.

FRONTLINE: DRUG WARS (PT. 2-VHS)

Grade Level: Sr. (9-12), Adult Closed Captioned

Details: 120 min., 1999, PBS Broadcasting

Synopsis: Produced in collaboration with National Public Radio, this two-part series examines America's 30-year effort to stop the flow of illegal drugs into this country. The drug wars have absorbed hundreds of billions of dollars, altering the criminal justice system and putting millions of people in jail. Despite the United States' expenditures, the use of heroin, cocaine, marijuana and other illicit drugs remains essentially unchanged. Have the efforts been in vain? In exclusive interviews with both "drug warriors" and drug traffickers, Frontline presents a television history of America's war on drugs from both sides of the battlefield.

GAMBLING: IT'S NOT ABOUT MONEY (VHS)

Grade Level: Adult Closed Captioned

Details: 38 min., 2000, Hazelden

Synopsis: This video helps pathological/compulsive gamblers in treatment to recognize the signs and symptoms of compulsive gambling, understand that recovery from a gambling addiction is possible, and find positive ways to approach recovery.

GETTING A LIFE: VOICES OF YOUTH IN TRANSITION (VHS)

Grade Level: 7-12, Adult Closed Captioned

Details: 26 min., 1993, Muskie Institute

Synopsis: This new video provides a brief look at the lives of several young people in transition, ranging in age from middle school to college. These youth speak about hopes and fears, dreams, daily concerns, and other challenges as they prepare for the move from school to adult life in the community.

GETTING HIGH/GETTING BY (VHS)

Grade Level: 9-12, Adult Open Captioned

Details: 17 min., 1994, Volunteers in Prevention

Synopsis: Viewers meet the characters as they arrive for a silent meeting of Alcoholics Anonymous. During the meeting, members tell their experiences with alcohol and other drugs. Viewers learn the symptoms of addiction, how addiction affects all ages and races, both male and female, and most importantly, that it affects the deaf and hard of hearing communities. Through flashbacks, members recall their addiction behavior and events which convinced them to get help. Examples of typical behavior when drinking or using, the feelings of anger and loneliness, and denial of having a problem are also illustrated.

GOALS AND THE MEDIA'S MIXED MESSAGE (VHS)

Grade Level: Elem, Jr.(3-8) Closed Captioned

Details: 22 min., 1993, CSAP

Synopsis: After one of the students starts smoking cigarettes, Darel, Deena, Craig, Lenore, and their classmates take a close look at how the media can be used to manipulate teens. The students learn more about being skeptical, "savvy" television viewers and magazine and newspaper readers.

GROWING UP ONLINE (DVD)

Grad Levels: Adult Closed Captioned

Details: 60min, 2008, Public Broadcasting Service

Synopsis: Peer inside the world of this cyber-savvy generation through the eyes of teens and their parents, who often find themselves on opposite sides of a new digital divide. A generation with a radically different notion of privacy and personal space, today's adolescents are grappling with issues their parents never had to deal with: from cyber bullying to instant "Internet fame," to the specter of online sexual predators.

GROUP BELONGING & PEER PRESSURE (VHS)

Grade Level: Elem, Jr (3-8) Closed Captioned

Details: 20 min., 1993, CSAP

Synopsis: In this video, a class of students engage in a cooperative group assignment. The show focuses on a group of racially and ethnically diverse students who work together to produce a video about the causes and consequences of drug use.

**A GUIDE TO LIVING WITH PTSD:
PERSPECTIVES FOR PROFESSIONALS AND
THEIR CLIENTS (DVD)**

Grade Level: Adult and Prof Closed Captioned

Details: 56 min, 2009, Hazelden

Synopsis: Through client testimonials and expert guidance from researchers at the Dartmouth Psychiatric Research Center and the Dept. of Veterans Affairs National Center for PTSD, this video educates clinicians, clients, and families on the history, epidemiology, challenges, and treatment of post-traumatic stress disorder. Sample cognitive-behavioral therapy sessions between counselor and client model realistic applications of the concepts presented.

HEMP: CHASING SMOKE (VHS)

Grade Level: 9-12, Adult Closed Captioned

Details: 30 min., 1996, Hazelden

Synopsis: With the increasing perception that marijuana use is essentially harmless, it is important that people get credible, accurate information about this drug. In this video, medical experts, educators and people of all ages share their knowledge to separate the myths from the reality.

**HEPATITIS C: THE SILENT EPIDEMIC
(DVD+VHS)**

Grade Level: Adult Closed Captioned

Details: 29 min., 2000, Hazelden

Synopsis: This video explores every aspect of HCV: diagnosis, symptoms, treatment and its side effects, and lifestyle issues specific to people in recovery from chemical addiction. All information is delivered through the testimony of a hepatologist and five individuals who are currently living with HCV. Part 1 of this video will help viewers understand the importance of getting screened and seeking medical attention; part 2 shows viewers how others have managed this disease.

HEROIN: LOSING EVERYTHING (VHS)

Grade Level: Adult Closed Captioned

Details: 2 @ 40 min., 1998, Kinetic

Synopsis: In this program, young heroin junkies provide a look at the realities of heroin addiction. A dealer describes how he gets young clients addicted. A substance abuse counselor shows how heroin addiction works and how hard it is to permanently “kick” the habit. Two young junkies shoot up and talk about losing everything - their friends, families, and dreams - to heroin. Recovering addicts offer advice to at-risk young people on how to resist peer pressure and make healthy choices. Explicit language and graphic images contribute to the program’s realistic look at a very dangerous drug.

**HEROIN: WHAT AM I GOING TO DO?
(DVD+VHS)**

Grade Level: Adult

Closed Captioned

Details: 27 min., 1997, Hazelden

Synopsis: The first part of this video describes the powerful allure of heroin and the using lifestyle, the initial illusion of control over the drug, and the inevitable fall into a life of coping and using. The second part reveals the feelings of helplessness and desperation that brought these addicts to treatment. They talk about the need for honesty and surrender to begin recovery, their struggles to stay clean and the ultimate rewards of life without drugs.

**HIDDEN SCARS, SILENT WOUNDS:
UNDERSTANDING SELF INJURY (VHS)**

Grade Level: Adult, Prof Closed Captioned

Details: 25 min., 2003, Human Relations Media

Synopsis: This video investigates the phenomenon of self-injury. Self-injury refers to a pattern in which a person harms himself or herself by cutting or even burning parts of the body to relieve stress from pent-up emotions. Many people suffer from this usually secretive activity. Typically, they have endured unusual and stressful events or abusive family situations, and have resorted to self-injury as an unhealthy coping mechanism. The film contains interviews with young people who cut and their families, as well as commentary by noted experts in the field. NOTE: Contains sensitive content. Needs to be processed.

HIV/AIDS (DVD)

Grade Level: Adult

Signed/ Closed Captioned

Details: 54 min., 2005, Advocate Health Care

Synopsis: Contents: Learning about HIV/AIDS, Getting tested for HIV/AIDS, Getting treatment for HIV, Living with HIV/AIDS. In American Sign Language with English closed captioning for hearing viewers.

IGNORE AIDS? CAN’T (VHS)

Grade Level: Adult

Signed/Closed Captioned

Details: 60 min., 2003, Ill. Masonic Medical Center

Synopsis: A young couple decides to get tested for AIDS before taking their relationship more seriously. This video features local actors using American Sign Language. It is silent with English closed captioning for hearing viewers.

I'M DYING FOR A SMOKE (SPANISH VERSION) (ME MUERO POR FRENOR)

Grade Level: 7-12, Adult Open Captioned –English

Details: 31 min., 1991, ETR Associates

Synopsis: This is a culturally specific smoking cessation video created for the Hispanic Community. Providing motivation and techniques to quit smoking and avoid relapse, it also focuses on prevention of the smoking habit for non-smokers.

INSIDE THE TEENAGE BRAIN (DVD)

Grade Level: Adult Closed Captioned

Details: 60 min, 2004, Public Broadcasting Services

Synopsis: Experts explore the recesses of the teenage brain and find explanations for why adolescents behave the way they do and how the new discoveries can change the way we teach, or perhaps even understand, teenagers.

IT CAN HAPPEN TO ANYONE (VHS)

Grade Level: Adult Closed Captioned

Details: 26 min., 1996, Hazelden

Synopsis: For many older adults, prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

IT'S ELEMENTARY: TALKING ABOUT GAY ISSUES IN SCHOOLS (VHS)

Grade Level: Adult, College, Prof Closed Captioned

Details: 77 min., 1996, Women's Educational Media

Synopsis: Most adults probably don't see why or how schools should address lesbian and gay issues with young children. "It's Elementary" urges educators and parents to re-think their assumptions. This film shows what actually happens when teachers lead class discussions that address anti-gay prejudice. It makes the case that children need to be taught respect for all - and that this kind of education needs to start in elementary school.

IT'S NEVER TOO LATE: STOPPING TEEN SUICIDE (VHS)

Grade Level: Sr. (9-12) Closed Captioned

Details: 28 min., 2004, Human Relations Media

Synopsis: Armed with the latest statistics and facts on teen suicide, this program teaches viewers how to recognize and respond to the risks of teen suicide. The video stresses that students should not be afraid to ask if a peer is thinking about suicide and that it is important to get help. It includes the true story of several teens who recognized the warning signs in a classmate, contacted a trusted adult, and--because of their intervention--saved a life.

JOY OF STRESS/LORETTA LAROCHE (VHS)

Grade Level: Adult Closed Captioned

Details: 56 min., 1995, Kinetic Inc.

Synopsis: Stress is an individual reaction; it can be fantastic or it can be fatal! The choice of how we respond is ultimately up to each of us. This program will explore the concept of stress and how it affects body, mind, and spirit. Learn how to use humor to break the patterns that cause stress and reframe them into positive, powerful and productive tools for change.

THE KILLER AT THURSTON HIGH (VHS)

Grade Level: Adult Closed Captioned

Detail: 90 min., 1999, PBS Video

Synopsis: In May 1998, 15-year-old Kip Kinkel murdered his mother and father, and then opened fire at Thurston High School in Springfield, Oregon, killing 2 fellow students and wounding 25 others. In this first in-depth examination of a school shooter, FRONTLINE reveals the intimate, inside story of how Kip Kinkel, a "shy and likable teenager" from a solid middle-class family, became the boy police call a "cold-hearted killer" NOTE: Graphic account of story and images. Preview prior to using with any audience.

KNOW THE SCORE: THE DANGERS OF PERFORMANCE ENHANCING DRUGS (VHS)

Grade Level: Jr, Sr (7-12), Adult Closed Captioned

Details: 20 min., 2003, Human Relations Media

Synopsis: This video reveals the truth about many performance drugs such as steroids, creatine, Human Growth Hormone, diuretics, blood doping hormones and stimulants like ephedrine and amphetamines. Also included is an investigation of "nutritional supplements" that claim to help users lose weight and gain muscle but in reality may set the stage for physical ailments like headaches, muscle weakness and irregular heartbeats. Speakers include young athletes who share their views on "competing clean" without chemical enhancements as well as expert sports medicine doctors who explain the adverse physical effects of misusing performance drugs.

LEGAL CONSEQUENCES OF ALCOHOL AND OTHER DRUGS (DVD)

Grade Level: Sr. Closed Captioned

Details: 15min, 2005, Hazelden

Synopsis: Interviews with teens, attorneys, and law enforcement illustrate the real-world consequences of adolescent alcohol and other drug use. From underage drinking violations to drug possession to drinking-and-driving accidents, this video shows the serious social and legal ramifications of teen drinking and drugging.

LET'S GET REAL (VHS)

Grade Level: Jr, Sr (6-9), Adult Closed Captioned

Details: 35min., 2003, New Day Films

Synopsis: A 35-minute uninterrupted version of "Let's Get Real" immediately followed by an instructional version that includes breaks for discussion, which are detailed in the accompanying curriculum guide. Students discuss racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. From the youth who are targeted to the students who pick on them to those who find the courage to intervene, Let's Get Real examines bullying from the full range of perspectives. This film educates audiences of all ages about why we can no longer accept name-calling and bullying as just a normal rite of passage. Contains explicit language. Processing recommended.

LET'S MAKE A DEAL (VHS)

Grade Level: Prim, Elem, Jr (K-6) Closed Captioned

Details: 11 min., 1995, Kinetic Films, Inc.

Synopsis: Students are given simple and effective strategies for conflicts where both parties come out a winner. Demonstrated in realistic, live-action scenarios, these positive strategies include: Negotiation, Compromise, Problem-Solving, Apologizing, and others.

THE MARIJUANA PAPERS: RESEARCH UPDATE (VHS)

Grade Level: Jr, Sr (7-9) Closed Captioned

Details: 23 Min., 2004, Human Relations Media

Synopsis: This program reveals the latest scientific research about how marijuana changes the adolescent brain, impairs the brain's ability to perform complex tasks, lowers the body's immune system and can become powerfully addictive. Using a format similar to popular TV detective shows, several real teens travel across the country in search of answers to important questions like: Is it true marijuana's not addictive? and How can something "natural" like marijuana be harmful?

MARIJUANA THE ESCAPE TO NOWHERE (VHS + DVD)

Grade Level: Adult Closed Captioned

Details: 41 min., 1999, Hazelden

Synopsis: Personal stories are interwoven with interviews from a treatment professional and a research pharmacologist to uncover the devastating effects of long term marijuana use on the body, mind, and spirit. The video ends on a message of hope as recovering addicts share their accomplishments and dreams fulfilled since breaking the chains of marijuana addiction.

MEDICAL ASPECTS OF CHEMICAL DEPENDENCY (DVD)

Grade Level: Adult Closed Captioned

Details: 22min, 2005, Hazelden

Synopsis: How do alcohol and other drugs affect brain functions? This program presents the latest research findings on brain chemistry. It includes newer drugs such as OxyContin and GHB and features commentary by experts in the field such as Dr. David E. Smith.

MEN GET DEPRESSED (DVD)

Grade Level: Adult Closed Captioned

Details: 60min, 2008, PBS Video

Synopsis: This documentary explores the corrosive effect of depression on the self, relationships and careers through the intimate profiles of real men and their families, including a former NFL Quarterback, a fortune 500 CEO, an Iraq War veteran, a university professor, a pastor and others. It features revealing, normally confidential, scenes of psychotherapy and interviews with therapists. Leading medical authorities on depression offer commentary on its causes, symptoms and treatments.

MEN IN RECOVERY (DVD)

Grade: Adult Closed Captioned

Details: 30min, 2003 Hazelden

Synopsis: Although Roger, Nelson, Luis, Anthony, and Taylor are from different backgrounds, they learned the same social myths of manhood, which fueled resentment, anger, conflict, and violence as each man found himself controlled by overpowering addictions. With guidance and insight from group facilitator Craig Nakken, these five men tell the stories of how recovery transformed their lives. For such a transformation to happen, toxic stereotypes of manhood have to be redefined.

MENTAL HEALTH: CARING FOR YOURSELF (VHS)

Grade Level: Adult Closed Captioned

Details: 27 min., 1995, Sign Enhancers, Inc.

Synopsis: Learn from the personal stories of other Deaf people in recognizing when help is needed to cope with life's challenges. This video provides a way to find solutions.

MENTAL HEALTH VIDEO SERIES

Grade Level: Adult Signed / Open Captioned

Details: 1991, Sign Enhancers, Inc.

- 1) **What is Therapy? - 25 min**
Freda Norman narrates this educational videotape about receiving help through therapy. The tape is unique in that it is presented in American Sign Language, voice and captions.
- 2) **Meeting the Challenge: Working with Deaf People in Recovery - 20 min**
This tape is excellent for drug and alcohol service providers working with individuals who are Deaf or hard-of-hearing. The narrator for this tape is Mike Eisle. This tape is presented in American Sign Language, voice and captions.
- 3) **I Can: Stories of Deaf and Hard of Hearing People in Recovery - 60 min**
This video is an intimate look at six Deaf and hard-of-hearing recovering addicts and alcoholics telling their stories. Targeted for prevention programs, counseling programs or for individuals and family members who are new to the recovery process.

MENTAL HEALTH vs. CHEMICAL DEPENDENCY (VHS)

Grade Level: Adult Open Captioned

Details: 70 min., 1994, Minn. Chem. Dep. Program

Synopsis: Part of the Chemical Dependency and Deafness Workshop, Dr. Callahan discusses Psychiatric/Mental Health issues when treating chemically dependent Deaf and Hard of Hearing Persons, including examples of situations encountered.

THE METH EPIDEMIC (VHS+DVD)

Grade Level: Adult Closed Captioned

Details: 60 min., 2006, PBS Video

Synopsis: An investigation into how and why Meth use spiraled out of control and became the fastest-growing drug abuse problem in America.

METHAMPHETAMINE: DECIDING TO LIVE (VHS)

Grade Level: Adult Closed Captioned

Details: 38 min., 1998, Hazelden

Synopsis: Part 1 begins with a pharmacological explanation of methamphetamine's effect on brain chemistry. First-hand accounts from recovering addicts also reveal how methamphetamine affects behavior, emotions, cognitive functions, relationships

and the body. Part 2 offers hope for those beginning the long process of recovery. Candid accounts of recovering addicts reveal the stumbling blocks common in early recovery, the spiritual nature of the healing process and the rewards of overcoming the physical, mental and moral bankruptcy associated with using methamphetamine.

MOVING AHEAD: RETHINKING PREVENTION GOALS AND OUTCOMES (VHS)

Grade Level: Adult Closed Captioned

Details: 42 min., 1996, North Central Regional Laboratory

Synopsis: Youth use of alcohol, tobacco, and other drugs and youth violence are two of the most critical issues facing families, educators, and communities. We live in a time when young people confront serious choices--whether or not to experiment with alcohol, tobacco, and other drugs; to join gangs; to arm themselves at school; and to engage in sexual activity.

THE NATURAL HIGH 4 (DVD)

Grade Level: Elem, Jr, Sr Closed Captioned

Details: 25min, 2009, Sundt Memorial Foundation

Synopsis: Natural High 4 displays how youth can live up to their highest potential - DRUG FREE - through the way of Natural Highs! It has an in-your-face approach to building resilience in kids, as shown through the words, deeds, actions, and right choices by stars of today's generation. Students will hear drug-free heros in music, sports, dance and the arts, describe, in their own words, the coolness of being clean.

THE NEURBIOLOGY OF ADDUCTION (DVD)

Grade Level: Prof Closed Captioned

Details: 50min, 2009, Hazelden

Synopsis: Dr. Erickson, director of the Addiction Science Research and Education Center at the University of Texas, explains how new discoveries about the human brain are transforming our approach to addiction treatment, mental health, education, and human development. This video will help viewers easily understand the complex ideas of the neuroscience of dependence, drug interactions on the brain, and the behavioral effects of drug use. Includes booklet, The Neurobiology of Addiction, A New Perspective: Clinician's Manual"

NEW DAY, NEW LIFE (DVD)

Grade Level: Adult Closed Captioned

Details: 25min, 2008, Hazelden

Synopsis: This program features candid discussion between author and recovery advocate William Cope Moyers and a diverse group of people in recovery. By sharing their personal experiences, they give people who are newly sober a breadth of knowledge about what it takes to stay on track. Companion book: A New Life, A New Day: A Guided Journal is loaned separately. (SEL M938dn 2008)

OLDER ADULTS AND ADDICTION (DVD)

Grade Level: Prof Closed Captioned

Details: 40min, 2007, Hazelden

Synopsis: The two presenters in this DVD provide easy-to-follow methods of effectively screening, assessing, and conducting brief interventions with older adults. They also cover how to utilize motivational interviewing techniques and make referral and treatment recommendations.

ONE MOTHER'S JOURNEY (VHS)

Grade Level: Jr., Sr. (7-12), Adult Closed Captioned

Details: 24 min., 1996, Kinetic

Synopsis: This video presents the story of a Native American woman and her fight to overcome an abusive and alcoholic family life, the demeaning experience of residential schools, early motherhood and a bout with her own addictions. Finding strength in a return to her roots and a study of the culture of her ancestors gives her the momentum to overcome her many problems, get control of her life and reclaim her family. It is a journey of hope, courage, love and growth.

ORIENTATION TO DEAFNESS AND HEARING LOSS: IDENTITY, CULTURE, AND RESILIENCY

Grade Level: Adult Signed

Details: 75 min., 1996, Wright State Univ.

Synopsis: This set includes two videos "Risk Factors and Resiliency" and "Hearing Loss, Identity and Deaf Culture". It explains levels and types of hearing loss, and cultural norms of deaf individuals. Risk and resiliency factors for deaf people are examined.

OVERCAST: A HEROIN PREVENTION VIDEO (VHS)

Grade Level: Sr (9-12) Closed Captioned

Details: 15 min., 2000, Hazelden

Synopsis: This video addresses the myths about heroin through stories told by recovering heroin addicts and family members of users. Viewers will

find out why overdose is possible with each use, how easy it is to slide into addiction, and how bleak life becomes when the only thing that matters is staving off withdrawal symptoms. This video also teaches a young person how to help a friend who is using heroin.

OXYCONTIN AND OTHER PRESCRIPTION DRUGS: KILLING THE PAIN (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 30 min., 2002, Hazelden

Synopsis: Whether prescribed by a physician or purchased on the street, painkilling drugs can be extremely effective in eliminating physical, emotional, and psychological distress. They can also be exceedingly addictive. In this video individuals who have overcome addiction to painkillers talk about how they got clean-and what they learned about surrender, willingness and support along the way.

PRESCRIPTION DRUGS: RECOVERY FROM THE HIDDEN ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 30 min., 1998, Hazelden

Synopsis: Recovering addicts and treatment professionals, including a physician and registered nurse, share their perspectives on an addiction that is often underreported and overlooked, especially among older adults. Part 1 explains the biochemical equivalent of Russian roulette: Combining different prescription drugs-sometimes with alcohol-and how it affects the individual physically, socially, and spiritually. Part 2 shows the challenges and joy of recovery from those who have made the journey and continue it every day.

A PREVENTABLE TRAGEDY: FIRST RESPONSE TO A SUICIDAL YOUTH (VHS)

Grade Level: Adult Closed Captioned

Details: 24 min., 1999, Maine Youth Suicide Prevention

Synopsis: It is a training tool designed to educate the viewer about youth suicide and early intervention steps that may help prevent the tragedy. The video works well both as a stand-alone educational viewing and as part of a youth suicide prevention awareness program. A study guide with additional information is included to enhance the learning experience. This video has been developed for an adult audience including public safety personnel, educators, counselors, therapists, parents and others concerned about youth suicide. Program elements include: An introduction to the problem of youth suicide, the importance of understanding your own feelings about suicide, warning signs & clues, risk and protective

factors, scenarios illustrating some basic interventions and how to support family members after an attempted or completed suicide.

PREVENTING EATING DISORDERS, PROMOTING POSITIVE BODY IMAGES (DVD)

Grade Level: Jr. and Sr. Closed Captioned

Details: 12min, 2003, Hazelden

Synopsis: About half of teenage girls and 20 percent of teenage boys are dissatisfied with their bodies. To reach or maintain their ideal body image, youth will often fast or skip meals: behaviors that can lead to life-endangering eating disorders. This program helps teens accept their bodies despite media-glorified images, develop healthy eating habits, and recognize the signs of eating disorders. The facilitator's guide includes discussion questions, activity ideas, and a parent newsletter.

PROGRESSION OF CHEMICAL DEPENDENCY (VHS)

Grade Level: Adult Open Captioned

Details: 49 min., 1994, Minn. Chem. Dep. Program

Synopsis: At the Chemical Dependency and Deafness Workshop, Jude Strom delivers an engaging presentation showing the progression of chemical dependency. The lecture includes examples and personal stories.

PREVENTING RELAPSE (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 1994, Hazelden

Synopsis: An important part of recovery from a dual disorder is being able to identify the triggers that cause a relapse and the ways to prevent it from happening. This video includes information about the basic steps of relapse prevention and personal stories that illustrate the power of an individual relapse prevention plan.

PROS IN CONFLICT (VHS)

Grade Level: Prim, Elem, Jr (K-6) Closed Captioned

Details: 14 min., 1995, Kinetic Films, Inc.

Synopsis: This video lesson is a comprehensive course in peer mediation. Students involved in Conflict Resolution and Student Mediation programs will greatly benefit from this lesson. The mediation process is taught in three easy steps with actual upper-elementary mediators modeling the process.

QUIT AND STAY QUIT SERIES

1) Understanding the Problems of Nicotine and Tobacco Dependence

Grade Level: 9-12, Adult Closed Captioned

Details: 12 min., 1996, Hazelden

Synopsis: This video explains the basis of nicotine and tobacco and how it enters and damages bodily systems.

2) Stages of Quitting Nicotine & Tobacco

Grade Level: 9-12, Adult Closed Captioned

Details: 13 min., 1996, Hazelden

Synopsis: This video describes the 6 stages of quitting nicotine and tobacco.

QUITTING COCAINE & STAYING QUIT (VHS)

Grade Level: Adult Closed Captioned

Details: 27 min., 1993, Hazelden

Synopsis: Making the decision to quit cocaine is a crucial first step in recovery. But making the decision is not enough. This video teaches practical steps to cope with cravings and explains how to avoid relapse and enjoy life without cocaine.

RATIONAL EMOTIVE THERAPY SERIES (VHS)

Grade Level: Adult Closed Captioned

1. Anger

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as Pablo first responds to a realistic situation with anger, then is shown using RET to determine a healthier response to the same situation.

2. Anxiety and Worry

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as a simple mistake at first overwhelms Rebecca with anxiety before she applies RET to successfully resolve the situation.

3. Depression

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as Derrick first responds to disappointing news by "awfulness" the situation and fueling a deep depression. A friend then helps Derrick use RET to arrest his depression before it incapacitates him.

4. Grief

Details: 20 min., 1992, Hazelden

Synopsis: Grief is a normal reaction to loss, and an

occur on many different levels. By using the RET process, people can identify areas of loss, challenge harmful beliefs, and grieve in a healthy way.

5. Guilt

Details: 20 min., 1992, Hazelden

Synopsis: Guilt can sometimes be a helpful feeling. But guilt that crosses the line into shame---feelings that pull down your self-esteem or take away serenity--is destructive. By using the RET process, you can distinguish between normal feelings of guilt and negative feelings of shame.

6. Perfectionism

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action both of home and in the workplace. Allison and Leonard are first seen hurting themselves and others with their perfectionistic expectations. Revisited, the video shows how their situations improve when they apply RET.

7. Self Esteem

Details: 20 min., 1992, Hazelden

Synopsis: Level of Self Esteem is important; it affects everything you do. The RET process helps you separate how you feeling about an event from how you feel about yourself. By challenging unhealthy beliefs about, yourself, you can raise your level of self-esteem and avoid the destructive tendencies of chronic low self-esteem.

8. Shame

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action in Chantelle's classroom. Chantelle uses RET to realize that her self-esteem was damaged by childhood experiences, and that she can make decisions as an adult without shame.

9. Understanding

Details: 15 min., 1992, Hazelden

Synopsis: RET teaches how to get control over anger, shame, anxiety, worry, depression, perfectionism, and other feelings that contribute to self-defeating behavior. By practicing RET regularly people can help themselves through the process of recovery from addiction and mental health problems.

REALITY CHECK: A MARIJUANA PREVENTION VIDEO (DVD+VHS)

Grade Level: Jr, Sr (7-12) Closed Captioned

Details: 15 min., 1999, Hazelden

Synopsis: A combination of humor, animated graphics, testimonials, and music delivers facts about the pharmacology of marijuana and consequences of short- and long-term use. The video helps young people build refusal skills and learn how to seek help, while showing non-use as more cool and fun than use.

RECOVERY STORIES: A TRAINING VIDEO ON CO-OCCURRING MENTAL HEALTH AND SUBSTANCE USE (VHS)

Grade Level: Prof Closed Captioned

Details: 30 min., 2002, Cumberland County Dual Diagnosis Collaborative

Synopsis: This video is to be used for training discussions with a trainer/facilitator knowledgeable about mental illness and substance abuse. Through candid discussions, the video documents the lives and experiences of five individuals. We learn who they are and what has helped as well as what has hindered their recovery from mental illness and substance abuse. We also learn what brings meaning to their lives and recovery. These stories provide an opportunity for reflection on what service providers can do to support people in recovery and provides practical advice from those in recovery.

REFLECTIONS FROM THE HEART OF A CHILD (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 30 min., 1996, Hazelden

Synopsis: Portrays the impact of chemical dependency on the family as three young lives are ravaged by a father's alcoholism and a mother's inability to cope. This is an updated version of Soft is the Heart of a Child. NOTE: A listing of resources follows the dramatic presentation. This information is intended to assist viewers in school or community education groups in finding help. Professionals showing the video in therapeutic settings may want to stop the video before the listing appears to maintain the full effect of the drama.

REFUSAL SKILLS: RELAPSE PREVENTION (VHS)

Grade Level: Adult Closed Captioned

Details: 18 min., 1993, Hazelden

Synopsis: This video is designed for recovering individuals. It introduces identification of situations where recovery may be at risk and how to change habits to support a new life. It discusses the importance of change, deciding what's dangerous, and how to change. It helps identify risky situations and provides alternatives.

RELAX! YOU ONLY LIVE ONCE (VHS)

Grade Level: Adult Closed Captioned

Details: 60 Min., 1999, WGBH

Synopsis: Isn't it great to be alive? Loretta LaRoche reveals how to lose your worries by finding your sense of humor in the most unlikely situations. Watch and see how funny life can be. Learn how to enjoy every day by listening to the best relaxation expert anywhere: the one inside you.

RESPONSIBILITY AND IDENTITY (VHS)

Grade Level: Elem, Jr (3-8) Closed Captioned

Details: 23 min., 1993, CSAP

Synopsis: In this video, seventh graders are busy completing a cooperative group assignment about alcohol, tobacco and other drug use. In this show, the students who are working together to produce a video about the causes and consequences of drug use begin to encounter some problems. Some members of the group won't take as much responsibility as others; jealousies and conflicts develop. Meanwhile, another group member is caught up in a personal crisis. Even so, the assignment must get done.

RESTLESS, IRRITABLE AND DISCONTENTED (VHS)

Grade Level: Adult, Prof Closed Captioned

Details: 18 min., 2000, Hazelden

Synopsis: Developed for clients in treatment and recovery as well as professionals who need relapse prevention education. This video: 1) defines relapse and emphasizes that addicts are prone to relapse because they are never "cured" 2) clarifies situations that can trigger relapse for clients in early recovery--cross addiction, life crisis, not working a recovery program, and financial, relationship, or other problems and 3) provides critical, easy-to-comprehend information to prevent and identify relapse thinking that can lead to using alcohol and other drugs.

RIGHT TURN ONLY SERIES (VHS)

Grade Level: 5-8 Closed Captioned

Details: 7 tapes at 20 - 23 min. each, 1993, NCADI

Synopsis: see full video catalog for details.

- 1) Group Belonging & Peer Pressure
- 2) Responsibility and Identity
- 3) Goals and Media's Mixed Message
- 4) The Strength of Families and Challenge of Alcoholism and Other Drug Abuse
- 5) Alcohol and Other Drugs and At-Risk Behavior Concerning Aids & Teenage Pregnancy

6) Problem Solving and How to Deal with Hard Times

7) Life Can Be Fun

ROLE OF THE INTERPRETER IN A C. D. TREATMENT PROGRAM (VHS)

Grade Level: Adult Open Captioned

Details: 59 min., 1994, Minn. Chem. Dep. Program

Synopsis: Presented at the Chemical Dependency and Deafness Workshop, Mark English gives a look at the position and responsibilities of the interpreter at the Minnesota Chemical Dependency Program for Deaf & hard of hearing individuals, discussing ethics, boundaries, and interpreter models.

S.A.T. : WORKING TOGETHER SO EVERY CHILD CAN BE SUCCESSFUL: ELEMENTARY VERSION (VHS)

Grade Level: Prof Closed Captioned

Details: 20 min., 2002, Student Assistance Team

Synopsis: This video, featuring the Burchard A. Dunn School (MSAD 15), serves as a primer for student assistance teams. The topics covered are: working together as a team, what a student assistance team meeting looks like, and making decisions using consensus. Copies 2 & 11 are closed captioned.

S.A.T. : WORKING TOGETHER SO EVERY CHILD CAN BE SUCCESSFUL: MS/HS VERSION (VHS)

Grade Level: Prof Closed Captioned

Details: 15 min., 2005, Student Assistance Team

Synopsis: This video, featuring Nokomis High School (MSAD 48), serves as a primer for student assistance teams. The topics covered are: working together as a team, what a student assistance team meeting looks like, and making decisions using consensus.

THE SCIENCE OF METHAMPHETAMINE: AN INFORMED RECOVERY (VHS+DVD)

Grade Level: Adult Closed Captioned

Details: 30 min., 2005, Hazelden

Synopsis: This video separates the facts from fiction about methamphetamine treatment. It features clinicians from the Matrix Institute presenting clinical concepts along with the unscripted words of men and women who have experienced methamphetamine addiction firsthand.

SELF IMAGE: THE FANTASY, THE REALITY (DVD)

Grade Level: Jr. and Sr. Closed Captioned

Details: 29min, 1997, Castleworks

Synopsis: Teens can feel intense pressure to conform their bodies to the idealized and unrealistic images presented by the media. This program discusses some

of the problems which can result, such as eating disorders and steroid abuse, and encourages teens to develop healthy self-images.

SELF-ESTEEM: BUILDING STRENGTHS (DVD)

Grade Level: Jr. and Sr. Closed Captioned

Details: 30min, 2002, In The Mix/Castleworks

Synopsis: This program addresses what teenagers can do to develop healthy self-esteem and is based on building three types of strengths. First, building physical strength and physical fitness to help cope with stress and teasing and to help build supportive friendships. Second, building mental strength to enable teens to understand and deal with mistakes, "that sinking feeling" and to take risks. Third, building emotional strength to reduce stress through a healthy perspective, balance and time management.

SEARCH FOR A SAFE CIGARETTE (DVD)

Grade Level: 9-12, Adult Closed Captioned

Details: 60min, 2001, WGBH

Synopsis: In this video NOVA gains access to tobacco research and manufacturing facilities and asks the question: Can science help create a safer cigarette? Supportive teaching materials can be found at: <http://www.pbs.org/wgbh/nova/teachers/>

SERVICES FOR THE DEAF - KEVIN POORE

Grade Level: Adult Signed

Details: 130 min., 1997, Maine OSA

Synopsis: This is a presentation by Kevin Poore from the Minnesota Chemical Dependency Program for Deaf & Hard of Hearing Individuals to a Maine group concerned with access to substance abuse services for these individuals. The deaf culture and barriers to treatment are discussed. This is unedited video of a presentation - not professional quality.

SEXUALLY TRANSMITTED DISEASES (STDs) (DVD)

Grade Level: Adult Signed, Closed Captioned

Details: 67 min., 2005, Advocate Health Care

Synopsis: Contents: About STDs, Chlamydia, Genital Herpes, Genital Warts, Gonorrhea, Hepatitis B Virus, Pelvic Inflammatory Disease, Syphilis. In American Sign Language with English closed captioning for hearing viewers.

SILENT SUFFERING: SUBSTANCE ABUSE IN THE DEAF COMMUNITY (VHS)

Grade Level: Adult Open Captioned

Details: 30 min., 1993, Sign Enhancers, Inc.

Synopsis: This video explores cultural, treatment and recovery issues for the deaf community.

SMOKE FREE T.V.: A NICOTINE PREVENTION VIDEO (VHS)

Grade Level: Elem, Jr. (5-8) Closed Captioned

Details: 20 min., 1999, Hazelden

Synopsis: Through a variety of youth-focused vignettes, students will learn about the health risks associated with nicotine use while listening to what real kids have to say about nicotine use and the struggles of nicotine addiction.

SPIRITUALITY AND RECOVERY (VHS)

Grade Level: Adult Open Captioned

Details: 35 min., 1994, Minn. Chem. Dep. Program

Synopsis: As part of the Chemical Dependency and Deafness Workshop, Father Perry discusses the spiritual aspects of a 12 step treatment program for Deaf and Hard of Hearing.

STAGES OF CHANGE AND ADDICTION (DVD)

Grade Level: Prof Closed Captioned

Details: 120 min., 2004, Hazelden

Synopsis: This video workshop examines the stages of change in context as presented by Carlo DiClemente.

STAGES OF FAMILY RECOVERY (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 36 min., 2005, Hazelden

Synopsis: The pain of living with a loved one's addiction can lead to shame, secrecy, and isolation. This video lets families know they're not alone-and that recovery is possible. Teens, parents, and grandparents share stories of despair and hope, helplessness and optimism. Clinical insights help families progress through the stages of recovery.

STEP 1 FOR ADOLESCENTS (VHS)

Grade Level: Jr, Sr (8-12) Closed Captioned

Details: 15 min., 2004, Hazelden

Synopsis: Admitting to powerlessness, coming to believe, turning over one's will--how a teen experiences the first three steps can differ exponentially from an adult. Sarah, Adam, and other teens share their triumphs and setbacks in candid heartfelt stories about parents, school, and friendships.

STEP 1 FOR ADULTS (VHS)

Grade Level: Adult Closed Captioned

Details: 15 min., 2004, Hazelden

Synopsis: Rufus, Debra, and Andrew share stories about unmanageability, turning over their will,

working with sponsors, and the setbacks and triumphs they faced in working the first three Steps. Their stories are candid, from the heart, and at times touched with humor.

STEP 2 FOR ADOLESCENTS (VHS)

Grade Level: Jr, Sr (8-12) Closed Captioned

Details: 11 min., 2004, Hazelden

Synopsis: Admitting to powerlessness, coming to believe, turning over one's will--how a teen experiences the first three steps can differ exponentially from an adult. Sarah, Adam, and other teens share their triumphs and setbacks in candid heartfelt stories about parents, school, and friendships.

STEP 2 FOR ADULTS (VHS)

Grade Level: Adult Closed Captioned

Details: 13 min., 2004, Hazelden

Synopsis: Rufus, Debra, and Andrew share stories about unmanageability, turning over their will, working with sponsors, and the setbacks and triumphs they faced in working the first three Steps. Their stories are candid, from the heart, and at times touched with humor.

STEP 3 FOR ADOLESCENTS (VHS)

Grade Level: Jr, Sr (8-12) Closed Captioned

Details: 15 min., 2004, Hazelden

Synopsis: Admitting to powerlessness, coming to believe, turning over one's will--how a teen experiences the first three steps can differ exponentially from an adult. Sarah, Adam, and other teens share their triumphs and setbacks in candid heartfelt stories about parents, school, and friendships.

STEP 3 FOR ADULTS (VHS)

Grade Level: Adult Closed Captioned

Details: 14 min., 2004, Hazelden

Synopsis: Rufus, Debra, and Andrew share stories about unmanageability, turning over their will, working with sponsors, and the setbacks and triumphs they faced in working the first three Steps. Their stories are candid, from the heart, and at times touched with humor.

STEP VIDEO: SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (VHS)

Grade Level: Adult Closed Captioned

Details: 120 min., 1997, Hazelden

Synopsis: Three videos demonstrate the STEP principles and provide contemporary examples with real parents. The videos include a training segment to acquaint new and experienced leaders with STEP's components and give suggestions for leading

sessions. This course provides valuable training that improves communication among family members and lessens conflict. Easy to understand and apply: STEP skills that can be used immediately.

STOP BULLYING (DVD)

Grade Level: Jr. and Sr. Closed Caption

Details: 29min, 2005, In The Mix/ Castleworks

Synopsis: This program presents a comprehensive approach to preventing bullying for victims, parents, and bystanders. Learn the different types of bullying (cyberbullying) and how to stick up for yourself.

SURVIVING DEATH: STORIES OF GRIEF (VHS)

Grade Level: Adult Closed Captioned

Details: 47 min., 1998, Fanlight Productions

Synopsis: The process of making a loss real can be a lonely and confusing experience. In this video, seven people from a variety of cultural backgrounds, talk frankly about how they have been affected by the death of someone close to them. They speak about the pain and other powerful emotions they have experienced, about their need to reassess values and relationships after death, and about the ways they have found to survive the loss. Recognizing that there is no single or easy path to recovery, this video is a useful resource for those in grief and for those lending support to people who are grieving.

TEEN ALCOHOL AND OTHER DRUG USE: KNOWING THE SIGNS AND WHAT TO DO ABOUT THEM (DVD)

Grade Level: Adult, Prof Closed Captioned

Details: 20min, 2005, Hazelden

Synopsis: Shows parents and teachers how to help prevent teen alcohol and other drug use, recognize signs of use, and intervene effectively. It also addresses the myths that may keep families from confronting this issue--attitudes such as "Using alcohol is a rite of passage for teens; it's no big deal." Parents are encouraged to seek help in the community if their child is struggling with substance abuse. Includes a facilitator's guide, an outline for a parent education session, and three reproducible handouts, including a guide to substance abuse symptoms--from experimentation to dependence--and how parents can respond at each stage.

TEEN AND TRAUMA (DVD+VHS)

Grade Level: Jr. and Sr. Closed Captioned

Details: 17min, 2007, Hazelden

Synopsis: A random act of violence, ongoing bullying at school, death or divorce in the family - traumatic events like these can destroy a young person's sense of self, safety, and security. This video equips students with simple yet powerful strategies for

preventing further emotional pain: acknowledging the importance of the event, facing one's own feelings, and creating a support system of trusted adults and peers. Facilitators guide included.

THAT'S WHAT FRIENDS ARE FOR (VHS)

Grade Level: K-3 Closed Captioned

Details: 12 min., 1994, Film Ideas

Synopsis: Making friends is one of life's most important social skills. It is also among the first skills that we learn. This video explores three important elements for making and keeping friends. Sharing is one of the easiest ways to make friends. We don't always have to share "things," we can share our ideas and thoughts too. Sharing makes everyone feel good.

THINK AGAIN/MAINE OFFICE OF SUBSTANCE ABUSE (DVD+VHS)

Grade Level: Jr, Sr (6-12) Closed Captioned

Details: 10 min., 2002, CDM Communications

Synopsis: This video featuring the voices of Maine Youth was produced as part of the "If You Think Most Kids Drink--Think Again" media campaign. It includes footage that was not used in the Public Service Announcements created for the campaign. The accompanying guide can be used to stimulate a discussion about underage drinking.

TREATING CD IN DEAF CLIENTS (VHS)

Grade Level: Adult Signed, Closed Captioned

Details: 92 min., 1993, Minnesota Chemical Dependency Program

Synopsis: This is a professional development forum presented by Cynthia Weitzel, Consultant for the Minn. Chem. Dept. Program. The video focuses on the treatment process: evaluation, treatment, and aftercare. American Sign Language.

TREATING CO-OCCURRING DISORDERS (DVD)

Grade Level: Prof Closed Captioned

Details: 75min, 2006, Hazelden

Synopsis: This presentation fully explores the correlation between substance use disorders and severe mental illness. Co-occurring disorders expert Robert E. Drake, director of the New Hampshire - Dartmouth Psychiatric Research Center, shows why it's essential that substance abuse treatment and mental health treatment be closely integrated. Includes booklet, Treating Co-Occurring Disorders: Clinician's Manual.

THE TROUBLE WITH TOBACCO (VHS)

Grade Level: 7-12, Adult Closed Captioned

Details: 11 min., 1996, United Learning, Inc.

Synopsis: As the program opens, a group of preteens goes to a deserted area to smoke cigarettes. One of the youngsters smokes because of peer pressure. Others smoke because it seems exciting and grownup. The narrator then explains that the tobacco industry spends billions of dollars every year to convince people that tobacco use is fun and glamorous. However, the reality of tobacco use is very different than what is depicted in expensive advertising campaigns. It goes on to explain the negative effects of smoking.

THE TWELVE STEPS & DUAL DISORDERS (VHS)

Grade Level: Adult Closed Captioned

Details: 30 min., 1995, Hazelden

Synopsis: This video features testimonials from people who are recovering from addiction and an emotional or psychiatric illness.

THE USE OF PSYCHOLOGICAL TESTING WITH CHEMICALLY DEPENDENT DEAF AND HARD OF HEARING INDIVIDUALS (VHS)

Grade Level: Adult Signed / Open Captioned

Details: 60 min., 1994, Minn. Chem. Dep. Program

Synopsis: Part of the Chemical Dependency and Deafness Workshop presentation, Dr. Dickman discusses rationale for testing, selecting tests considering various factors, and gives samples of appropriate tests for deaf and hard of hearing.

UNDERSTANDING BIPOLAR DISORDER AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 1995, Hazelden

Synopsis: This video explains the different features of bipolar disorder and the interactions between mania and depression and chemical dependency. Examples illustrate the importance of medication, abstinence, and spirituality to achieve and maintain emotional or psychiatric stability and sobriety.

UNDERSTANDING BORDERLINE PERSONALITY DISORDER AND ADDICTION (DVD)

Grade Level: Adult Closed Captioned

Details: 21 min., 2004, Hazelden

Recovery isn't easy, but it's possible. This video examines the causes of borderline personality disorder (BPD), helps clients overcome negative self-thoughts, and explores how the disorder interacts with chemical dependency. It also includes stories from individuals who are in recovery.

UNDERSTANDING DEPRESSION AND ADDICTION (DVD + VHS)

Grade Level: Adult Closed Captioned

Details: 24 min., 1994, Hazelden

Synopsis: Depressive disorders are among the most common types of psychiatric illness in the United States. Up to 10% of adults will experience, at one time or another, some form of depressive illness. This video explores way to cope with the common behaviors and thoughts associated with depression and provides support for recovery from depression and addiction.

UNDERSTANDING DISSOCIATIVE DISORDERS AND ADDICTION (DVD)

Grade Level: Adult Closed Captioned

Details: 20 min., 2003, Hazelden

This video features dramatic re-enactments of people sharing their experiences with dissociative disorder and addiction. Professionals provide clinical insights on key issues.

UNDERSTANDING MAJOR ANXIETY DISORDERS AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 25 min., 1994, Hazelden

Synopsis: Anxiety disorders are among the most common types of mental health problems among adults in the United States. Recovering from an anxiety disorder and addiction is a double challenge. This video provides a step-by-step process to identify anxiety triggers and ways to change thoughts and reactions.

UNDERSTANDING PERSONALITY PROBLEMS AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 1995, Hazelden

Synopsis: This video illustrates the interconnection between chronic personality problems and chemical dependency. Definitions and examples help viewers understand the importance of dealing with their problematic personality traits to achieve and maintain emotional or psychiatric stability and sobriety.

UNDERSTANDING POST-TRAUMATIC STRESS DISORDER AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 1994, Hazelden

Synopsis: Post-traumatic stress disorder (PTSD) and addiction are two diseases that often go hand in hand.

This video suggests plans for dual recovery and relapse prevention and ways to handle the emotional pain and flashbacks due to trauma.

UNDERSTANDING SCHIZOPHRENIA AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 2003, Hazelden

Synopsis: People who have been diagnosed with schizophrenia and addiction share firsthand experiences. Professionals provide clinical insights on key issues.

UNDERSTANDING SUICIDE AND ADDICTION (DVD+VHS)

Grade Level: Adult Closed Captioned

Details: 20 min., 2003, Hazelden

Synopsis: People who have been diagnosed with addiction and have contemplated suicide share firsthand experiences. The video discusses risk and protective factors, and focuses on practical strategies to reduce suicide risk and improve life quality. Professionals provide clinical insights on key issues.

UPDATE ON RAPID TESTING FOR HIV (VHS)

Grade Level: Adult Closed Captioned

Details: 105 min., 2003, National Prevention Information Network

Synopsis: This webcast describes rapid tests for HIV including benefits and limitations, implementation considerations for counseling and testing, confirmatory testing for positive test results, quality assurance, training and resources for updates on rapid testing. The broadcast featured interviews from experts from around the country in health departments and community-based organizations, and a panel of experts who responding to questions faxed in from viewers.

VIOLENCE: REDUCING YOUR RISK (VHS)

Grade Level: Sr (9-12), Adult Closed Captioned

Details: 30 min., 1993, Media Partners Corporation

Synopsis: Violent crime is becoming a national emergency. The opportunity to be a victim exists at home, in the car, on the streets, even the workplace. Once a safe haven, work environments have increasingly become a dangerous place for both employees and managers. While the amount of violent crime steadily increases, so does the severity of the consequences. Violent crime today increasingly results in serious injury and in a few disturbingly more frequent cases, death.

WHAT DO I DO SERIES (VHS)

Grade Level: K-5

Closed Captioned

Details: 4 @ 15 min., 1995, Film Ideas

1) When I Feel Alone

The young narrator will guide children through a series of vignettes each created to help them sort out their feeling of loneliness and provide them with the skills they will need to develop and provide them with the skills they will need to develop in a healthy, happy manner.

2) When I Feel Jealous

Using two young narrators who must deal with their own feelings of jealousy, this video helps to expose the layers of feelings hidden beneath the exterior of this complex emotion. Each scenario offers useful skills that youngsters can incorporate to help them identify the “real source” of their feelings and further suggests acceptable means of successfully dealing with them.

3) When I Feel Afraid

Knowing the difference between real fear and irrational fear is the goal of this skills-based program for young children. Using a variety of vignettes, children will learn how to evaluate the fear they are experiencing and decide if it is real or false. This skill can then be used to implement the best plan for a successful and peaceful resolution of conflicts.

4) When I Feel Different

Our preteen guide leads her peers through a series of situations where uniqueness and “specialness” are the counterpoint to feeling “different”. A series of basic skills are presented that all youngsters can learn, to help them understand these unsettling feelings. Examples in the video highlight our differences academically, ethnically, physically and socio-economically.

WHAT IS SEXUAL HARASSMENT? (VHS)

Grade Level: Jr, Sr (6-12), Adult

Closed Captioned

Details: 23 min., 2000, Kinetic

Synopsis: This program clearly defines sexual harassment, dramatizes typical situations, and gives ten steps to stop it. Illustrating actions once dismissed as normal adolescent “boys will be boys” behavior, this TV news-style program re-creates actual cases to show how both women and men can be victimized by unwanted advances and hostile environments at school and work. Updated to reflect 1999 Supreme Court decisions.

WOMAN AND ADDICTION (DVD)

Grade Level: Adult

Closed Captioned

Details: 74 min., 2007, Hazelden

Synopsis: What gets in the way of recovery? For women, it's often unhealthy relationships, traumatic experiences, self-isolation, or even their attitudes about other women. In this video, women talk about how they keep their recovery strong and what they have learned about trust, faith, action and friendship along the way.

WOMAN IN RECOVERY (VHS)

Grade Level: Adult

Closed Captioned

Details: 23 min., 2002, Hazelden

Synopsis: What gets in the way of recovery? For women, it's often unhealthy relationships, traumatic experiences, self-isolation, or even their attitudes about other women. In this video, women talk about how they keep their recovery strong and what they have learned about trust, faith, action and friendship along the way.

WORKING IT OUT TOGETHER: STAFF VERSION (VHS)

Grade Level: Adult

Closed Captioned

Details: 48 min., 1997, FMS Productions, Inc.

Synopsis: Features Drs, Lisa and Harry Webne-Behrman who offer mediation techniques through role playing. Teaches educators and counselors how to train student peer mediators and set up a school-wide conflict resolution program.

**WORKING IT OUT TOGETHER: STUDENT
VERSION (VHS)**

Grade Level: Jr, Sr (7-12), Adult Closed Captioned

Details: 30 min., 1997, FMS Productions, Inc.

Synopsis: Features student mediators who demonstrate through role-playing Drs. Lisa and Harry Webne-Behrman's techniques for peer mediation. Provides instruction and encouragement for students who wish to become peer mediators.

**WORKPLACE VIOLENCE: THE RISK FROM
WITHIN (VHS)**

Grade Level: Adult Closed Captioned

Details: 24 min., 1993, CorVision

Synopsis: Workplace stress doesn't have to culminate in employee violence. Open channels of communication provide outlets for employees to express their personal and professional frustrations. Knowing how, when and with whom to open those channels is the subject of The Risk from Within. Even trained professionals can't reliably predict a person's capacity for violence. But managers can learn to observe the telling signs of excessive stress that might be red flags pointing to more dangerous behavior to come.

**WORKTEAMS AND THE WIZARD OF OZ
(VHS)**

Grade Level: Adult Closed Captioned

Details: 18 min., 1993, CRM McGraw-Hill Films

Empowerment is reached through a balanced blend of teamwork, positive expectations and individual initiative. Internationally known management expert Ken Blanchard leads viewers through MGM's classic 1939 motion picture - using it as a powerful tool for proving that teams can reach their goals no matter how diverse their members or how difficult the undertaking.